

Did you love CicLAvia and want to do more biking in and around the community?

Did riding with so many people feel kind of scary?

Are you reluctant to cycle in traffic with cars?

**Join us for this special event!**



Bike Mar Vista is pleased to offer

## **An Introduction to CyclingSavvy:**

Tips & Techniques for Bicycling Anywhere with  
Safety and Confidence

Thursday April 6, 2017 at 7pm

Windward Schools Conf. Room 1030

11350 Palms Blvd, Los Angeles, CA 90066

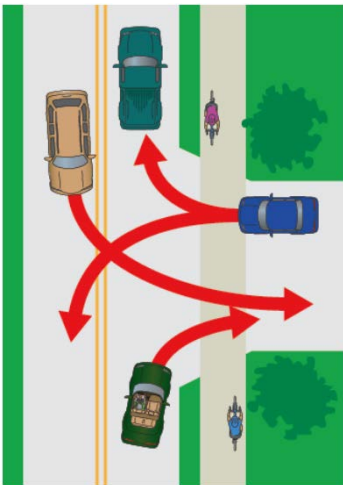


### **Gary Cziko**

Professor Emeritus, University of Illinois

Board Director, American Bicycling Education Association

CyclingSavvy Instructor



CyclingSavvy is a comprehensive traffic cycling course that began in Florida in 2010 and is now being offered in 17 states. The in-person course consists of a classroom session and two on-bike sessions. In addition, there are now two online courses available for purchase for lifetime access.

CyclingSavvy Instructor Gary Cziko of Playa del Rey will introduce key concepts of CyclingSavvy and present some tips and techniques that can be used to bike anywhere with safety and confidence in Los Angeles and beyond.

*Bike Mar Vista is a committee of the Mar Vista Community Council [www.marvista.org](http://www.marvista.org) and a supporter of the City of LA's Vision Zero <http://visionzero.lacity.org/> priorities. Bike Mar Vista committee meets the first Thursday of the month to share information and work to make cycling safer and more enjoyable for all. We offer weekly bike valet service and basic bike care nearly every Sunday @ the Mar Vista Famers Market located on the corner of Grand View Blvd and Pacific Ave. from 9am to 1:30 pm. And on the 2<sup>nd</sup> Sunday of the month we're leading rides, offering repair workshops and more at the market.*

**Ride On and always wear your helmet!**