

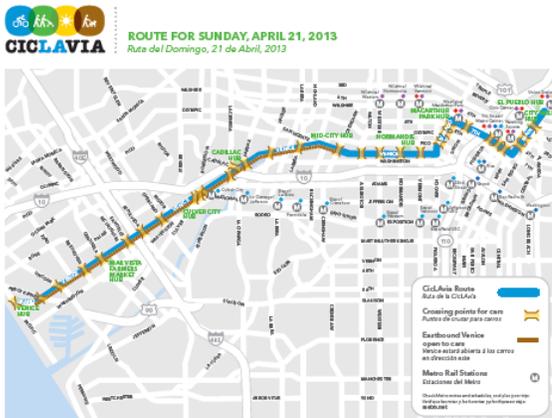
General Bicycling Resources



www.bicyclela.org - Official City of Los Angeles Bicycling Resources – Terrific resource chock full of helpful information and critical news and updates. Be sure to visit this site. Well worth a visit or two.

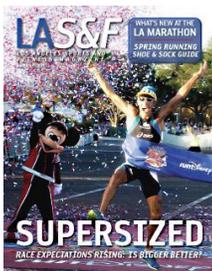


Register your bike in the National Bike Registry. We will send you a Certificate of Registration and a tamper-resistant NBR label to identify your bike. Then, if your bike is ever stolen and recovered, **no matter where**, it can be returned to you. **Don't let it end up at a police auction!** Since 1984, the National Bike Registry (NBR®) has been working with law enforcement to return stolen bikes to their rightful owners. A bike registered with NBR, the only true national database, can be identified by police and returned to you instead of being sold at an auction. **Protect your bike and your investment!** www.nationalbikeregistry.com



www.ciclaviala.org

Inspired by ciclovía, the weekly street closure event in Bogotá, Colombia, established over 30 years ago, CicLAvia consists of the temporary opening of Los Angeles streets to all Angelenos. Free to the public, it interconnects diverse portions of the city, creating a web of temporary public space, free of car traffic.



Free Print Magazines

Southern California Bicyclists (bimonthly) – distributed free at many local bike shops. Lists upcoming races, rides, cycling events and a very comprehensive list of bicycle clubs (road, mountain and more) throughout the SoCal region.

Raceplace (bimonthly) – predominately a list of running, walking, fitness, multisport and cycling events and races in California. www.raceplace.com

LAS&F – Los Angeles Sports and Fitness Magazine (bimonthly) – general LA fitness glossy magazine that emphasizes running. www.LASandF.com

Competitor (monthly) – national glossy magazine focuses mostly on running but offers a variety of articles on health, fitness, conditioning and diet to be of interest to cyclists too. www.competitor.com

Active.com – www.Active.com Millions of active individuals visit Active.com each month to search and register online for races, team sports and recreational activities; interact with others who have similar interests; start online training programs; and access nutrition, fitness and training tips.

Bicycle Advocacy Groups



Los Angeles County Bicycle Coalition - (LACBC) is a nonprofit organization that engages cyclists through advocacy, education and outreach across the county. The

Los Angeles County Bicycle Coalition builds a better, more bike-able Los Angeles by bringing diverse communities together to improve the bicycling environment and quality of life for the whole county.

<http://la-bike.org/>

[The Concerned Off-Road Bicyclists Association \(CORBA\)](#) is an all-volunteer non-profit organization serving the mountain bicycling community of Los Angeles and its surrounding areas including southern Ventura County. They offer a free introductory Mountain Bike riding class first Saturday of every month.

www.corbamt.com

[Cyclists Inciting Change thru Live Exchange \(C.I.C.L.E.\)](#) is a nonprofit organization based in Los Angeles working to promote the bicycle as a viable, healthy, and sustainable transportation choice. We envision our streets as vibrant, welcoming spaces that safely accommodate all road users, and prioritize the safe passage of people—on bike, on foot, by wheelchair, by bus and/or by train. www.cicle.org

Low Cost/DIY Bicycle Repair Resources



[Bikerowave \(www.bikerowave.org\)](http://www.bikerowave.org) is a bicycle repair collective, much like the Bicycle Kitchen, Bike Oven, or Valley Bikery here in LA County. We provide space, tools, and equipment in order to effectively teach people how to build, repair, and maintain their bicycles. They are a not-for-profit all volunteer member run

organization. Of special note is their special “Youth Mechanics” program Tuesday afternoons. Located at 12255 Venice Boulevard Los Angeles, CA 90066 www.bikerowave.org

[Bicycling Magazine](#), which is a monthly glossy magazine on all things related to cycling also offers short bicycle repair videos (reportedly recently updated) www.bicycling.com

[BicycleTutor.com](#) is a web site that offers bicycle repair videos for a relatively low monthly access fee. \$5.95 or \$49.95. www.bicycletutor.com

[Performance Bike Shops](#) (Santa Monica) offer monthly “Spin Doctor” bike repair classes. Go to www.performancebike.com or call the Santa Monica store for details. (310)451-9977

A sampling of the many cycling clubs in West LA and beyond



www.lawheelmen.org - We are bicyclists who enjoy the pleasure of riding with friends. We are not a racing club, and we welcome members of all abilities.

www.shiftinggearscycles.com - Shifting Gears is a cycling club dedicated to making cycling a

safe, fun and communal experience for riders of all levels. Our mission is to train, educate, and help cyclists achieve their goals. We offer easy, moderate and challenging road bike rides every week, so come out and join us!

www.lagrange.org - Velo Club La Grange is one of California's largest and oldest cycling clubs. Along with the Club's dedication to bicycle racing, the club welcomes new and inexperienced riders with a passion for cycling.

www.wlacyclingclub.com - West LA Cycling Club specializes in beginners to intermediate cyclists, though we offer rides for advanced cyclists too. We turn beginners in to cyclists one ride at a time. Many of our members are single though we are by no means a singles club-- everyone is welcome to ride with us.

Multi Day Charity Rides with related Cycling Groups

Bike MS – Coastal Challenge join us for Bike MS: Coastal Challenge, Southern California’s premier cycling event! We have route options for every level of cyclist, ranging from 30-160 miles; you will surely find a route fit for you. www.bikemssocal.org

California Aids LifeCycle is a fully supported, 7-day bike ride from San Francisco to Los Angeles to raise money and awareness in the fight against HIV/AIDS. www.aidslifecycle.org



[Santa Monica Bike Center](#)

safe cycling classes, bike rentals, showers and lockers for bike commuters, and more

www.discoverlosangeles.com

www.discoverlosangeles.com/blog/pedal-power-bicycling-los-angeles

