



## Mar Vista Community Council



# AGING IN PLACE

Mar Vista Community Council

**Thursday May 17th, 2018**

6:00 PM – 7:30 PM

**Windward School Room 1030**

11350 Palms Blvd, Los Angeles, CA 90066

[See campus map for room location and parking here](#)

Co-Chairs – Sherri Akers, Tatjana Luethi, Birgitta Kastenbaum

Co-Founders – Sherri Akers, Tatjana Luethi

### Agenda

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- **Meeting called to order**
- **Motion to approve April Minutes**
- **Announcements and Public Comment**
  - Brief introduction to Raymond McAnally, RSVP Outreach Coordinator of the WLA region of LA Works. They provide seniors and retired people who want to stay involved and give back.  
[raymond@laworks.com](mailto:raymond@laworks.com), [www.laworks.com](http://www.laworks.com)
  - **Senior Fraud and Safety Awareness Fair**  
**Wednesday, May 23, 2018 9:30 - 11:30 am at Felicia Mahood Senior Center**  
11338 Santa Monica Blvd., Los Angeles, CA 90025 In celebration of Older Americans Month, we will be hosting a Senior Fraud and Safety Awareness Fair to inform and protect our community. There will be safety presentations, informational booths, and some fantastic performances by the Stop Senior ScamsSM Acting Program. Join us for a Cane Fu demonstration with Master Lawrence Rouse! FREE pastries, snacks, and coffee in the morning along with music by the University High School Choir (see flyer below)
  - **Senior Health & Wellness Fair 50+ years old and family & friends -**  
**Saturday June 2nd 2018 10AM-2PM**  
LOCATION: WESTCHESTER SENIOR CITIZEN CENTER 8740 Lincoln Blvd Los Angeles, 90045 Corner of Manchester Blvd & Lincoln Blvd FREE SCREENINGS, ENTERTAINMENT, GIVE-AWAYS, FOOD & REFRESHMENTS
- **Speaker presentation - Let's talk about sidewalks and how to adapt without driving! Alissa Walker is the Urbanism Editor for Curbed.** She covers the systems that govern our cities—like infrastructure, transportation, and policy—and how they are adapting with technology. Americans are, in general, living five to 10 years longer than they should physically be behind the wheel, says Jay Walljasper, author of [America's Walking Renaissance](#) and a walkability consultant for AARP. "We are outliving our ability to drive safely and comfortably," he says, yet seniors keep driving because their independence relies on it. "If you stop driving, you cease to exist as a viable human being." This evening will be a great opportunity to

provide input on what we need to age safely and to learn how LA is adapting to support our aging community.

- **Future speakers –**

- **June 21<sup>st</sup>** – Margaret B. Sharp on the probate process - when it occurs, what happens during the process, and some common misconceptions about the process.



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Join us for a Cane Fu demonstration with Master Lawrence Rouse!

**FREE pastries, snacks, and coffee in the morning along with music by the University High School Choir!**

*Event sponsored by Supervisor Sheila Kuehl & Council Member Mike Bonin.*

*In Partnership with Los Angeles Recreation and Parks, Jewish Family Services, and West LA Community Coalition.*



A family of services.  
A family that serves.



*Sheila Kuehl*  
Supervisor Sheila Kuehl

**MIKE BONIN**  
*Getting Things Done for Our Neighborhoods*  
Councilmember, 11th District



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