



Mar Vista Community Council



AGING IN PLACE

Mar Vista Community Council

Thursday March 15th, 2018

6:00 PM – 7:30 PM

Windward School Room 900

11350 Palms Blvd, Los Angeles, CA 90066

[See campus map for room location and parking here](#)

Co-Chairs – Sherri Akers, Tatjana Luethi, Birgitta Kastenbaum

Co-Founders – Sherri Akers, Tatjana Luethi

Agenda

Subscribe to updates here - <http://eepurl.com/cbT699>

- **Announcements**
- **Public Comment**
- **Motion to approve January Minutes**
- **Speaker presentation**

Julie Bank of the [Pasadena Humane Society & SPCA](#) joins us to discuss the unique needs, opportunities and resources for older adults with pets.

Julie Bank is the President and CEO of the Pasadena Humane Society since August of 2016. Her animal welfare career spans almost thirty years working in leadership roles in local and national non-profits and governmental animal controls in New York, Arizona, Oklahoma City and California. She is a nationally recognized speaker and writer on animal issues and has traveled the country and internationally educating and supporting organizations and communities with their animal welfare efforts. She has a BS Degree in Management and Finance and a Masters in Museum Leadership (ABT). Aside from animals, Julie also has a passion for helping children in the dependency system working as a volunteer Court Appointed Special Advocate (CASA) and a past foster parent. Julie shares her home with her partner Tom, 9 year old son Stefin, Bobbie and Malee her two rescued dogs, and Curley her crazy kitten.

- Public Comment
- Motion to adjourn

- **Future guest presentations –**

- **April 19th – Birgitta Kastenbaum of Bridging Transitions** - Has your family discussed plans for aging and end of life? Let's discuss our wants, options, and the tools to accomplish them. We'll also review Advanced Health Care Directive,

POLST and the new Advanced Directive for Dementia (<https://dementia-directive.org/>)

- **May 17th - Alissa Walker – Let’s talk about sidewalks!** Americans are, in general, living five to 10 years longer than they should physically be behind the wheel, says Jay Walljasper, author of *America’s Walking Renaissance* and a walkability consultant for AARP, which has become one of the [biggest advocates for walkable cities](#). “We are outliving our ability to drive safely and comfortably,” he says, yet seniors keep driving because their independence relies on it. “If you stop driving, you cease to exist as a viable human being.”
- **June 21st – Margaret B. Sharp on the probate process - when it occurs, what happens during the process, and some common misconceptions about the process.**

*** PUBLIC INPUT AT NEIGHBORHOOD COUNCIL MEETINGS** – The public is requested to fill out a “Speaker Card” to address the Board on any agenda item before the Board takes an action on an item. Comments from the public on agenda items will be heard only when the respective item is being considered. Comments from the public on other matters not appearing on the agenda that are within the Board’s jurisdiction will be heard during the General Public Comment period. Please note that under the Brown Act, the Board is prevented from acting on a matter that you bring to its attention during the General Public Comment period; however, the issue raised by a member of the public may become the subject of a future Board meeting. Public comment is limited to 2 minutes per speaker, unless adjusted by the presiding officer of the Board.

*** PUBLIC POSTING OF AGENDAS** - MVCC agendas are posted for public review at Mar Vista Recreation Center, 11430 Woodbine Street, Mar Vista, CA 90066. You can also receive our agendas via email by subscribing to L.A. City’s Early Notification System at <https://www.lacity.org/subscriptions>

*** THE AMERICAN WITH DISABILITIES ACT** - As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities. Sign language interpreters, assistive listening devices and other auxiliary aids and/or services, may be provided upon request. To ensure availability of services, please make your request at least 3 business days (72 hours) prior to the meeting you wish to attend by contacting chair@marvista.org.

*** PUBLIC ACCESS OF RECORDS** – In compliance with Government Code section 54957.5, non-exempt writings that are distributed to a majority or all of the board in advance of a meeting may be viewed at our website, <http://www.marvista.org>, or at the scheduled meeting. In addition, if you would like a copy of any record related to an item on the agenda, contact secretary@marvista.org.

*** RECONSIDERATION AND GRIEVANCE PROCESS** - For information on MVCC’s process for board action reconsideration, stakeholder grievance policy, or any other procedural matters related to this Council, please consult the MVCC Bylaws. The Bylaws are available at our Board meetings and our website, <http://www.marvista.org>