



## Mar Vista Community Council



# AGING IN PLACE

Mar Vista Community Council

Thursday, September 15th, 2016

6:00 PM – 7:30 PM

**Windward School Boardroom 1030**

11350 Palms Blvd, Los Angeles, CA 90066

[See campus map for room location and parking here](#)

Co-Chairs – Sherri Akers, Tatjana Luethi, Birgitta Kastenbaum

Co-Founders – Sherri Akers, Tatjana Luethi

### Agenda

- **Call to order**
- **Brief Introductions**
- **Motion to approve August minutes**
- **Public comments and announcements:**
  - **Portman Calls on Senate to Pass the Senior Tax Hike Prevention Act** - U.S. Senator Rob Portman (R-OH) delivered remarks on the Senate floor urging the Senate to pass the *Senior Tax Hike Prevention Act*. The bipartisan legislation, which was introduced with Senator Sherrod Brown (D-OH) and endorsed by the AARP, will help seniors with rising health care costs by preventing an increase in the threshold to claim the medical expense tax deduction for seniors. The current rate of 7.5 percent of income is scheduled to increase to 10 percent for seniors on December 31, 2016.
  - **Mar Vista Fall Festival** will be October 22<sup>nd</sup> - download the forms to be a presenter or sponsor here - <http://www.marvista.org/node/3603>.
  - **LA Purposeful Aging Workshop at Empower Congress of Neighborhoods on 9/24** - you are invited! Register here - <http://www.nccongressla.com/#>
- **New business – Guest presenter – Officer Juan Galvan - CHP presentation on [Age Well Drive Smart](#).** The program is designed to reduce accidents and pedestrian deaths and injuries experienced by older Californians and to increase seniors' alternate transportation options when driving is no longer an option
- **Old Business - Board action on motion re [AB-1930 In-home supportive services: family caregivers: advisory committee](#) asking State Assembly members.**

AB-1930 would, until January 1, 2019, establish the In-Home Supportive Services Family Caregiver Benefits Advisory *Committee within the State Department of Social Services*, as specified, for the purpose of describing the availability of, and barriers to accessing, employment-based supports and protections, as specified, and studying the impact of the lack of access to these supports and protections on individuals who provide supportive services a spouse or as the parent of a recipient child. The bill would require the advisory committee to submit a peer-reviewed report to the Legislature, as specified, on or before January 1, 2018.

Whereas by 2030, 20% of our community will be 65 or older

Whereas 1 in 3 will have dementia or Alzheimer's

Whereas Medicare does not cover any of the essential services needed to care for those with dementia – forcing family caregivers out of the work force.

Whereas 25% of Boomers care for an aging parent resulting in an average loss of income of over \$300K. When forced to leave the workplace they face further hardship if taking social security early with a reduction of benefits of almost 30%

The Mar Vista Community Council respectfully urges Assemblymembers Sebastian Ridley Thomas and Autumn Burke to request that [AB-1930 In-home supportive services: family caregivers: advisory committee](#) include caring for senior parents and requests their support.

- **Future guest presentations**

- a. **October - NOTE THIS MEETING WILL BE HELD WEDNESDAY 10/19 DUE TO SPECIAL EVENT AT WINDWARD.** Carol Hahn, MSN, RN, RYT, CPT, CDP - [CarolHahnRN.com](#) tools that support making the journey with a loved one with dementia as positive as possible **Wellness and Fitness Nurse** - helping people over 50 increase their quality of life. Certified Dementia Practitioner
- b. **November – NOTE THIS MEETING WILL BE HELD WEDNESDAY 11/16 DUE TO SPECIAL EVENT AT WINDWARD.** Could decluttering actually help us stay in our homes longer? Robin Gurse of [Got Clutter?](#) will lead a discussion and gives us tools to accomplish it.
- c. **December –** Mandi Carpenter – When is Assisted Living a good choice? How do you assess them?
- d. **January** - Emilia Crotty with LA Walks - Safe Routes for Seniors program and campaign, part of the Vision Zero Alliance ([Facebook](#) and [website](#)). TBC
- e. **Film screening and panel discussion?** We could use Windward 2nd floor CTL room which can fit about 130 people comfortably. Attendees prefer this be planned as separate event, not in place of monthly speaker meeting

- **Public comment**

- **Adjourn meeting**

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*\* **PUBLIC INPUT AT NEIGHBORHOOD COUNCIL MEETINGS** – The public is requested to fill out a “Speaker Card” to address the Board on any agenda item before the Board takes an action on an item. Comments from the public on agenda items will be heard only when the respective item is being considered. Comments from the public on other matters not appearing on the agenda that are within the Board’s jurisdiction will be heard during the General Public Comment period. Please note that under the Brown Act, the Board is prevented from acting on a matter that you bring to its attention during the General Public Comment period; however, the issue raised by a member of the public may become the subject of a future Board meeting. Public comment is limited to 2 minutes per speaker, unless adjusted by the presiding officer of the Board.*

*\* **PUBLIC POSTING OF AGENDAS** - MVCC agendas are posted for public review at Mar Vista Recreation Center, 11430 Woodbine Street, Mar Vista, CA 90066. You can also receive our agendas via email by subscribing to L.A. City’s Early Notification System at <https://www.lacity.org/subscriptions>*

*\* **THE AMERICAN WITH DISABILITIES ACT** - As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities. Sign language interpreters, assistive listening devices and other auxiliary aids and/or services, may be provided upon request. To ensure availability of services, please make your request at least 3 business days (72 hours) prior to the meeting you wish to attend by contacting [chair@marvista.org](mailto:chair@marvista.org).*

*\* **PUBLIC ACCESS OF RECORDS** – In compliance with Government Code section 54957.5, non-exempt writings that are distributed to a majority or all of the board in advance of a meeting may be viewed at our website, <http://www.marvista.org>, or at the scheduled meeting. In addition, if you would like a copy of any record related to an item on the agenda, contact [secretary@marvista.org](mailto:secretary@marvista.org).*

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